

# Health New Zealand

## Te Whatu Ora

### Nelson Marlborough

#### POSITION DESCRIPTION

**POSITION:** Clinical Psychologist or Registered Psychologist

**RESPONSIBLE TO:** Manager – iCAMHS

#### Health New Zealand | Te Whatu Ora Nelson Marlborough

**Our vision | Tō tātou manako:** All people live well, get well, stay well. *Kaiao te tini, ka ora te mano, ka noho ora te nuinga.*

**Our mission | Tō tātou kaupapa:** Working with the people of our community to promote, encourage and enable their health, wellbeing and independence. *Kei te mahitahi tātou hei whakapiki te oranga me te motuhaketanga o to tatou hapori.*

#### Our Values – Ō tātou whanonga pono

**Respect | Manaakitanga:** We care about, and will be responsive to, the needs of our diverse people, communities and staff. *Kia horahia te manaakitanga ki ngā iwi katoa me ngā hāpori, kaimahi hoki.*

**Innovation | Auaha:** We will provide an environment where people can challenge current processes and generate new ways of working and learning. *Kia auaha me whakahoutia i ngā pūkenga ākongā, me ngā mahi ki tēnei hāpori.*

**Teamwork | Whakarāmemene:** We create an environment where teams flourish and connect across the organisation for the best possible outcome. *Kia whakarāmemene i ngā kaipupuni hauora katoa.*

**Integrity | Ngākau tapatahi:** We support an environment which expects openness and honesty in all our dealings and maintains the highest integrity at all times. *Kia taea i te ngakau tapatahi i runga i te tika me te pono i ngā mahi katoa.*

#### PURPOSE OF POSITION

This role is a pivotal role for mental health and addictions services to support our integration programme. The vision for our programme is:

*Working with people of our community to promote, encourage and enable their health, wellbeing and independence by providing flexible responsive integrated mental health and addictions services*

This role has been designed for an experienced clinician who has excellent skills in relationship development and networking to:

- Provide psychological interventions for clients referred to iCAMHS.

- Function as part of a multidisciplinary team to provide a quality psychological assessment and treatment service for clients referred to iCAMHS with a range of mental health conditions, using evidence-based psychological treatments and interventions.

The successful candidate will have proven clinical expertise, to support our system to be better integrated to improve our ability to be responsive, holistic, person centred and recovery focussed. They must demonstrate an awareness of the wider social determinants of health. They will ensure their contributions support the strengthening our system-wide priorities, as listed overleaf.

## MH&A system-wide integration priorities



Achieve **Equity** and strengthen the **Equally Well** commitment by supporting district-wide access to safe and effective person centred care to reduce inequity and maximise wellbeing.



People and whanau are essential members of the care team



We take a **whole of person** approach by ensuring strong intra and inter sectoral relationships to ensure people access the range of support available to achieve recovery and optimal outcomes.



We work as **one team** with person centred plans, assisted by appropriate sharing of information and innovative technology solutions.



We support a diverse workforce that is recovery focussed, fosters independence, and is well connected, to ensure we **build trust**, respect and confidence.



Supporting and monitoring our services to be integrated, flexible and responsive and a **high performing** network of people and agencies.

This position may be required to work across primary, community and secondary services as part of the delivery of an integrated Mental Health and Addictions model of care for Nelson Marlborough. Including working across agencies with our cross sector partners

RESPONSIBILITIES	EXPECTED OUTCOMES
<p><b>Clinical</b></p> <ul style="list-style-type: none"> <li>To provide psychological assessment and treatment for clients referred to CAMHS</li> </ul>	<p>Referrals are actioned in accordance with service protocols, including documented informed consent.</p> <p>Assessments are comprehensive, complete, and of relevance to the client's presenting problems. The assessment will include psychometrics as appropriate.</p> <p>The outcomes of the assessments are communicated to the MDT in an appropriate format, and notes reflect formulation, clinical diagnosis if indicated, treatment planning, presentation &amp; progress towards goals.</p> <p>Works from a collaborative model with client and family, and other relevant parties and partner agencies, including the referrer.</p> <p>Provides evidence-based psychological interventions and treatment for clients referred to iCAMHS.</p>
<ul style="list-style-type: none"> <li><b>Client-Centred Care</b></li> </ul>	<p>The assessment and formulation are clearly communicated to the client and their family, and there is a shared understanding of the treatment plan.</p> <p>Treatment process includes regular reviews of progress for this targeted episode of care.</p> <p>Collaborative approach with client, family / whanau and any partner agencies.</p>
<p><b>Consultation and Supervision</b></p> <ul style="list-style-type: none"> <li>To utilise consultation skills within multidisciplinary team.</li> <li>To participate in Clinical supervision.</li> </ul>	<p>Takes opportunities to utilise consultation skills consistent with psychological theory and practice.</p> <p>Appropriately participates in informal and formal supervision.</p> <p>Utilises formal supervision for personal skill development and safe practice.</p>
<p><b>Service Development</b></p> <ul style="list-style-type: none"> <li>To participate in quality improvement initiatives within the team and within the discipline.</li> </ul>	<p>Is involved, as required, in training and developing programmes, based on psychological research evidence.</p> <p>Participates in and understands quality assurance, service standards, Health and Safety, Risk Management, Performance Management and Privacy Act regulations.</p> <p>A quality, customer-focused service is provided at all times, which follows best practice.</p>
<p><b>Team Work</b></p> <ul style="list-style-type: none"> <li>To be an active integral member of the multi-disciplinary teams.</li> </ul>	<p>Complies with organisational policies and procedures and behaviour is consistent with and according to professional Code of Ethics.</p> <p>Promotes best practise interventions for clinical needs of clients, and presents psychological perspective within the team.</p> <p>Provides constructive advice and support to other staff on psychological issues related to clients.</p>

<p><b>Professional Development</b></p>	<p>Identifies own learning needs and uses professional development to maintain competence and improve skills base, in accordance with the psychology professional development allowance.</p> <p>Negotiates attendance at appropriate education and training.</p> <p>Participates in annual performance review process including review of performance goals and identification of areas for professional development.</p> <p>Complies with Psychologists Board CCP requirements.</p>
<p><b>Quality Improvement</b></p>	<p>Pro-actively participates in quality improvement processes in your area of work.</p> <p>Support our teams to, at all times, provide a high quality, customer oriented and focused service, which follows evidence based practice.</p>
<p><b>General</b></p>	<p>Other duties as negotiated with your Manager.</p> <p>Meet employee obligations in accordance with Appendix 1 &amp; 2.</p>

## PERSON SPECIFICATION

### **QUALIFICATIONS**

- Registered in the Clinical Scope of practise with the NZ Psychologists Board under the Health Practitioners Competency Assurance Act (2003) and holding a current Annual Practising Certificate.
- A Masters or Bachelor (Honours) Degree, plus Post-graduate Diploma in Clinical Psychology (or acceptable equivalent).

### **EXPERIENCE**

- Previous experience in Mental Health and an interest in working with children, adolescents and their families would be an advantage.
- Able to use clinical psychometric and neuropsychological assessment tools.

### **KNOWLEDGE**

- Current knowledge and experience of Mental Illness and related issues.
- Knowledge of and commitment to biculturalism and the Treaty of Waitangi.
- Understands case management in a clinical setting.
- Up to date with the current research findings about major mental illness and trends in mental health service delivery.
- Beginner/Intermediate knowledge of Microsoft Office applications i.e.: Word, Excel, PowerPoint and Outlook
- Keeps up to date with available information technology relevant to position
- Understands and complies with Health NZ (Nelson Marlborough) Information Technology policies

### **SKILLS AND ABILITIES**

- Excellent communication skills.
- Willingness and ability to work in multi-disciplinary teams.
- Cultural sensitivity in the delivery of services.
- Ability to establish objectives, set priorities and work through their implementation.
- Commitment to ongoing professional education.
- Ability to work alongside a range of professionals in the Health System.
- Ability to negotiate and follow procedures to resolve issues in a professional manner.
- Proven conflict resolution skills and able to problem solve.

## **APPENDIX 1**

### **General Responsibilities of an Employee of Health NZ | Te Whatu Ora Nelson Marlborough**

#### **1. Professional Responsibilities**

As an employee of Health NZ Nelson Marlborough, you are required to:

- Maintain any qualifications, including registrations and practising certificates, required for legal and safe practice.
- Keep yourself up to date on knowledge, best practices and legislation relating to your work.
- Make a personal contribution towards effective and efficient working relationships within your team and with other Health NZ Nelson Marlborough departments.
- Ensure you carry out your work in a way that is customer-focused and meets professional standards.
- In conjunction with your manager, identify your own training needs and plan to meet these needs.
- Manage your own time and prioritise your work effectively.

#### **2. Health, Safety and Wellbeing**

- Compliance with all health and safety legislative requirements.
- Compliance with the ACC Partnership Programme requirements.
- Compliance with all organisation-wide health and safety policies and procedures.
- Compliance with the Health and Safety Manual, any relevant chemical information and the emergency plan.
- Work is carried out in a healthy and safe manner and others are encouraged and assisted to work in the same way.
- Unsafe workplace conditions/practices (hazards) are identified, reported and mitigated/rectified early.
- Knowledge of identified hazards is kept up to date.
- Reportable event form is completed (via *Safety First*) for any accident or injury which has taken place at work, ensuring, in the case of injury, that your supervisor or manager is notified within 24 hours.
- Co-operation, support and promotion of occupational health and safety actions and initiatives in the workplace.

#### **3. Right to Raise Concerns**

- All employees of Health NZ Nelson Marlborough are expected and encouraged to immediately ask questions and raise any concerns/issues with their colleagues at their place of work, particularly if the care of a patient could potentially be compromised.
- All staff are expected to act professionally and to actively listen to the concerns or opinions of others being raised at the time.

#### **4. Child Wellbeing and Protection**

- Health NZ Nelson Marlborough is committed to identifying, supporting and protecting vulnerable children. The prevention of abuse and enhancing the wellbeing of children and their families aims to keep vulnerable children safe before they come to harm so they can thrive, achieve and belong. As an employee you are required to comply with all relevant legislation e.g. the Vulnerable Children Act 2014 and the Children, Young Persons and their Families Act 1989. You are also required to:
- Contribute to and support the organisation's strong commitment to a child centred approach to protect children across the region.
- Act at all times in the best interest of the children and young people, putting their interests first.
- Ensure collaborative working practices and recording and sharing of information to address abuse, suspected abuse or disclosure of abuse in a timely and appropriate fashion.

## **5. Legislation, Regulations and Board Policies**

You are required to be familiar with and adhere to the provisions of:

- All relevant acts and regulations
- All Board, hospital and department policies
- All relevant procedure manuals
- The “Employee Obligations” within Health NZ Nelson Marlborough’s Disciplinary Policy.

## **6. Confidentiality**

You are required to:

- Adhere to the Privacy Act 1993, the Health Information Privacy Code 1994 and subsequent amendments in regard to the non-disclosure of information.
- Maintain strict confidentiality of patient, applicant and employee information at all times.

## **7. Risk Management**

You are required to:

- Support and promote actions and initiatives in your work area which enable risks to be identified and eliminated or reduced.
- Be especially aware of those risks which have high cost or safety implications.
- Complete an accident/incident report for any accident, incident or near miss which has taken place at work.
- Respond to complaints according to appropriate policies.

## **8. Security**

You are required to:

- Wear your identification badge at all times when on site or when carrying out official duties.
- Notify Human Resources of any changes required for your ID badge.
- Report any suspicious or unusual occurrence to the security officer, orderly or telephone operator.
- Complete an incident report for any incident which has or might have compromised the safety of staff, patients and visitors.

## **9. Treaty of Waitangi**

Health NZ Nelson Marlborough is committed to its obligations under the Treaty of Waitangi. As an employee you are required to give effect to the principles of the Treaty of Waitangi: Partnership, Participation and Protection.

## **10. Smokefree**

Health NZ Nelson Marlborough is a Smokefree Organisation. This applies to all staff and contractors working within Health NZ Nelson Marlborough buildings, grounds and vehicles. Staff are required to comply with the policy and ensure all visitors, patients and others are informed of the policy. This also applies to Health NZ Nelson Marlborough staff employed on Board business in the community.

## APPENDIX 2

The preferred candidate is required to complete a Pre-Employment Health Questionnaire. The table below outlines the tests to be carried out - depending on the nature of the position applied for.

<b>Condition</b>	<b>Information to include in Position Description</b>
TB Active	No person with active pulmonary or laryngeal tuberculosis (TB) is allowed to be at work in Health NZ Nelson Marlborough
TB Latent	Staff who expect to have contact with patients or infectious materials must have assessment of previous TB exposure at the time of employment
BBV	No person who is susceptible to hepatitis B is allowed to have contact with patients or human materials (e.g., blood) unless they have taken part or agree to take part in a blood-borne virus education, prevention and vaccination program
MRSA	No person colonised or infected with methicillin-resistant <i>Staphylococcus aureus</i> (MRSA) is allowed to work in clinical areas <sup>1</sup> New staff who will be working in clinical areas should be screened for MRSA if they have: <ul style="list-style-type: none"> <li>• a chronic skin condition</li> <li>• been working in an overseas healthcare facility in the last year</li> <li>• been MRSA-positive in the last year</li> </ul>
Skin	No person with a skin condition that by virtue of its site and type could be an infection risk is allowed to have contact with patients, food, microbiology samples or sterile items
Measles/Rubella	No person who is susceptible to measles or rubella is allowed to have contact with pregnant women.
VZV	No person susceptible to varicella-zoster virus (chickenpox) is allowed to have contact with newborn babies or pregnant women
EPP	No person who has detectable hepatitis B e antigen or high levels of hepatitis B virus DNA in their serum is allowed to undertake or assist with exposure-prone surgical procedures <sup>2</sup>

<sup>1</sup>Clinical areas include inpatient medical and surgical wards (includes Medical Units, AT&R Units, Surgical Wards, Paediatrics, Day Stay, Neonates and Women's Health). Screening does not apply to staff working in outpatient areas (e.g., clinics, Radiology, Respiratory Function lab) or in DSS, Mental Health or Drug and Alcohol services (transmission of MRSA is less likely and infection is rare in these sites.)

<sup>2</sup>Exposure-prone surgical procedure = a procedure where there is the potential for direct contact between the skin (usually finger or thumb) of the health care worker and sharp surgical instruments, needles, or sharp tissues (spicules of bone or teeth) in a blind or highly confined anatomic site such as a body cavity or in poorly visualised and/or confined body sites. Such sites include body cavities encountered during emergency and trauma procedures, abdominal, cardiothoracic, obstetric/gynaecological, orthopaedic and oral surgery.